



CITY OF BOSTON  
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# GREEN OPTIONS: INSULATION

green your home



BOSTON GREEN  
BUILDING

[www.cityofboston.gov/climate](http://www.cityofboston.gov/climate)

The two most important things with insulation are where you put it and that it is densely and evenly distributed avoiding any gaps.

## CELLULOSE INSULATION

***Made from recycled newspaper and cardboard; an amazing 90% recycled content.***

**Green benefits:** Most environmentally friendly insulation option; easily recycled and is biodegradable.

**Additional Info:** Comes in rolls or loose fill that require special equipment to spray them into place; chemicals in this insulation are non-hazardous and safe to install.

## MINERAL OR ROCK WOOL INSULATION

***Over 75% of the material comes from recycled steel slag. The remaining is made from rocks.***

**Green benefits:** Made of recyclable material and is an abundant natural resource.

**Additional Info:** This material is the most fireproof one; comes in batts or rolls.

## FIBERGLASS INSULATION

***Made from recycled glass.***

**Green benefits:** Made from sustainable material.

**Additional Info:** There has been concern raised by the environmental community about the toxicity of this material, but it is currently considered safe to use; look for formaldehyde-free fiberglass insulation to eliminate one of these potential health issues.

## COTTON INSULATION

***Recycled denim that would otherwise end up in a landfill.***

**Green benefits:** Formaldehyde-free; lacks toxicity.

**Additional Info:** Comes in rolls or batts; irritation-free installation.

Check our web site for updated information.