



*help end elder*  
**HUNGER**

**VOLUNTEER OPPORTUNITY**

Help low-income seniors receive  
food assistance and maintain a  
healthy diet.

Learn how to fill out Food Stamp  
applications.

*To learn how you can help*

contact Shannon Murphy,  
City of Boston Commission on Affairs  
of the Elderly

[shannon.murphy@cityofboston.gov](mailto:shannon.murphy@cityofboston.gov)

**617-635-3745**