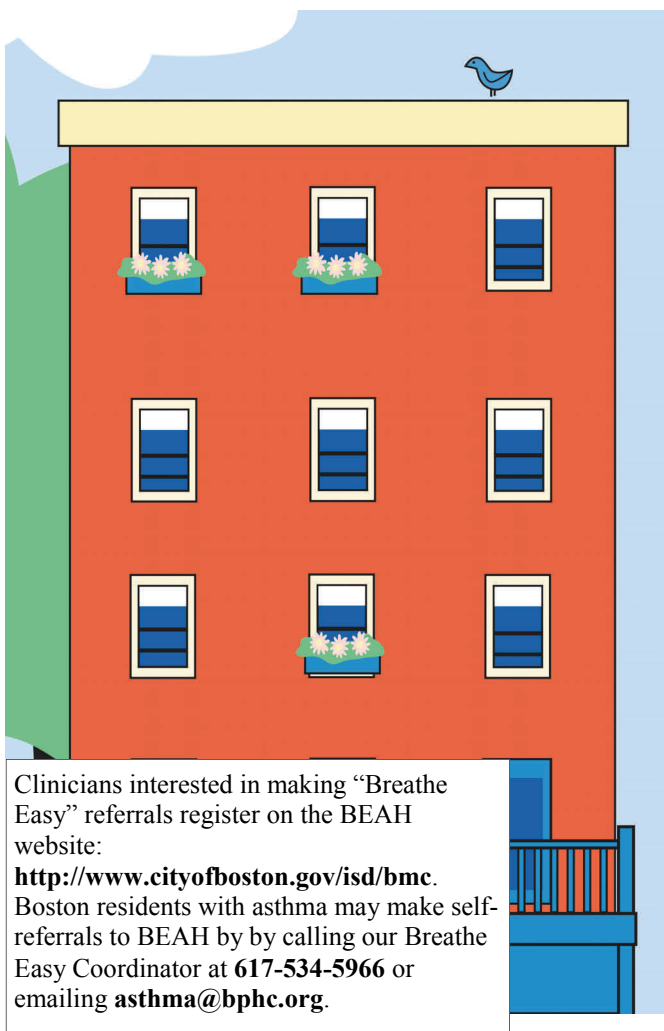# *Breathe easy*
at home program

Breathe Easy At Home is a web-based referral system, allowing doctors, nurses or other health professionals to refer their Boston patients with asthma for a home inspection, conducted by the Boston Inspectional Services Department. Boston's Inspectional Services Department enforces the sanitary code for housing, in Boston. Their trained Breathe Easy at Home inspectors identify asthma triggers which are covered through the sanitary code, including mold and chronic dampness, leaks, pest infestations, drafty doors & windows, no heat, poor ventilation and damaged carpeting. Breathe Easy at Home inspectors work with the property owners to eliminate these poor housing conditions.

How It Works

Health institutions register to use the Breathe Easy at Home web-based referral system. To register go to **http://www.cityofboston.gov/isd/bmc**. Once registered, your organization will receive a user name and password.

When making a referral:

- Currently BEAH is only available in Boston, so, confirm Boston residency.
- Obtain patient consent. BEAH has standard consent forms on the website, or your organization may develop one.
- Discuss housing conditions which may be contributing to poor health.
- Referring parties receive automatic case updates on inspections, and have on-line access to review the status of their referrals.
- ISD conducts the inspection and the property owner is notified of any violations.
- The inspector works with the owner to achieve compliance.

Breathe Easy at Home is a partnership of Boston Inspectional Services, the Boston Public Health Commission, Boston Medical Center with other medical, legal, housing, tenant and advocacy groups.

Clinicians interested in making "Breathe Easy" referrals register on the BEAH website:
http://www.cityofboston.gov/isd/bmc.
Boston residents with asthma may make self-referrals to BEAH by by calling our Breathe Easy Coordinator at **617-534-5966** or emailing **asthma@bphc.org**.